

STUDY TITLE (Cochrane Library)	STATUS	CONDITIONS	LOCATION / COLLABORATORS / SPONSORS	CT REGISTRY / JOURNAL
WELL-being Improvement Following Sophrology Practice	Not yet recruiting	Stress	University Hospital Clermont-Ferrand, France	ClinicalTrials.gov: NCT05888415
WELL-being Improvement Following a Sophrology Intervention in Hospital Staff (So-Well)	Recruiting	Stress	CHU Clermont-Ferrand, France University Clermont Auvergne (UCA) Centre National de la Recherche Scientifique (CNRS) France	ClinicalTrials.gov: NCT05425511 International Journal of Environmental Research and Public Health
Evaluation of the Added Value of Sophrology on the Intensity of Craving During Smoking Withdrawal	Recruiting	Smoking addiction	Intercommunal Hospital Center Créteil, France	ClinicalTrials.gov: NCT04700306
Sophrology Treatment for Patients With Glioblastoma Tumours Requiring Speech Therapy	Recruiting	Language problems in brain tumours	Western Cancer Institute, France	ClinicalTrials.gov: NCT05189366
Observational Study of the Quality of Life for the Chronic Pain Patients Included in a Therapeutic Education Program Focused on Relaxation Techniques	Recruiting	Pain	Metropolitan Savoie Hospital Center, France	ClinicalTrials.gov: NCT04536155
Post-SOPHrology Cancer Patients' anxieTY Report	Terminated	Anxiety	University Hospital Center of Saint-Étienne, France	ClinicalTrials.gov: NCT03707301

<u>Evaluation of the Benefit Provided by Sessions of Sophrology on the Per Operative Management of Parkinsonian Patients Planned for a Deep Brain Stimulation Surgery.</u>	Terminated	Parkinson	Rennes University Hospital, France	ClinicalTrials.gov: <u>NCT03273816</u>
<u>Impact of Sophrology on the Pain Felt During a Bone Marrow Aspiration and Biopsy.</u>	Completed	Pain	University Hospital Caen, France	ClinicalTrials.gov: <u>NCT04168983</u>
<u>Sophrology and Congenital Heart Disease</u>	Completed	Heart disease	University Hospital Montpellier, France	ClinicalTrials.gov: <u>NCT03999320</u> <u>International Journal of Cardiology Heart & Vasculature</u>
<u>Physiotherapy Efficiency on Child Asthma</u>	Completed	Asthma	University Hospital Montpellier, France	ClinicalTrials.gov: <u>NCT02114398</u> <u>Pediatric Pulmonology</u>
Impact of Global Care of the Pain at Chronic Painful Patients Affected by Cystic Fibrosis	Completed	Pain in cystic fibrosis	Public Assistance - Hospitals of Paris, France	ClinicalTrials.gov: <u>NCT01915875</u>
Antalgic Effects of Well-being Treatments in Cancer Care	Completed	Well-being in cancer	Valence Hospital Center, France	ClinicalTrials.gov: <u>NCT05493150</u>

Chronic Low Back Pain: A Multidisciplinary Approach	Terminated	Low back pain	Hospital Universitari Vall d'Hebron Research Institute, Barcelona, Spain	ClinicalTrials.gov: NCT01993355
Effectiveness of sophrology (a mind-body method) on patients with anxiety	Completed	Anxiety	Autonomous University of Barcelona, Spain	WHO Trial: ISRCTN40663142
Sophrology versus resistance training for treatment of women with fibromyalgia: a randomized controlled trial	Completed	Fibromyalgia	Universidade Federal do Rio Grande do Norte, Santa Cruz, Brazil	Journal of Bodywork and Movement Therapies
Effectiveness of a 4-week sophrology program for primary care patients with moderate to high anxiety levels: a randomised controlled trial	Completed	Anxiety	University of Barcelona, Spain	Actas españolas de psiquiatría
Impact of sophrology on non-invasive ventilation tolerance in patients with acute respiratory failure	Completed	Respiratory failure	University Hospital of Clermont-Ferrand, France	Annales Françaises d'Anesthésie et de Réanimation
Psychological Impact of a Sophrological Accompaniment During the Announcement of Thyroid Cancer	Completed	Anxiety	Public Assistance Hospitals of Marseille, France	ClinicalTrials.gov: NCT03639662